

# **Stay focused on Yahweh!**

**By Dwayne Kerr**

It can be increasingly difficult to stay focused on Yahweh with all of the noise and distractions that life can bring. We want to serve and live for Yahweh, but often times we become side tracked for a variety of reasons (financial difficulties, illness, marital issues, work related problems..etc.)

Believers aren't immune to any of these circumstances and have to be acutely aware, so we can guard our minds against these distractions in life. We must fight to settle our minds on Yahweh, because the direction of our lives is determined by our focus. The question we all must ask ourselves, "What am I focused on, is it Yahweh, and His truths or something else?"

We can't allow our minds to dance back and forth between different opinions, being double minded. We must trust Yahweh and have confidence in what He has declared, or we choose to believe something else. There is no middle ground if you truly want to stay focused on Yahweh!

## **James 1:5-8 AMP Translation**

**5 If any of you is deficient in wisdom, let him ask of the giving God [Who gives] to everyone liberally and ungrudgingly, without reproaching or faultfinding, and it will be given him. 6 Only it must be in faith that he asks with no wavering (no hesitating, no doubting). For the one who wavers (hesitates, doubts) is like the billowing surge out at sea that is blown hither and thither and tossed by the wind. 7 For truly, let not such a person imagine that he will receive anything [he asks for] from the Lord, 8 [For being as he is] a man of two minds (hesitating, dubious, irresolute), [he is] unstable and unreliable and uncertain about everything [he thinks, feels, decides].**

Jesus taught about this too, warning us to be single minded. The thing that you are most focused on that's grabbing your attention is the direction our lives tend to head towards. We have to be aware about what we're focused on and make sure it's about Yahweh, His truths, promises and attitudes concerning life!

## **Matthew 6:22-24 KJV**

**22 The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light. 23 But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great is that darkness! 24 No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.**

Israel allowed circumstances to overwhelm their thinking and became double minded, caught between two thoughts. As a result they were filled with fear, doubt, and grew uncertain about Yahweh's promise to bring them into the Promised Land unharmed. Instead they choose to rebel in disbelief against Yahweh. They didn't stay focused on Yahweh!

### **Numbers 13:25-33 KJV**

**25 And they returned from searching of the land after forty days.**

**26 And they went and came to Moses, and to Aaron, and to all the congregation of the children of Israel, unto the wilderness of Paran, to Kadesh; and brought back word unto them, and unto all the congregation, and shewed them the fruit of the land.**

**27 And they told him, and said, We came unto the land whither thou sentest us, and surely it floweth with milk and honey; and this is the fruit of it. 28 Nevertheless the people be strong that dwell in the land, and the cities are walled, and very great: and moreover we saw the children of Anak there. 29 The Amalekites dwell in the land of the south: and the Hittites, and the Jebusites, and the Amorites, dwell in the mountains: and the Canaanites dwell by the sea, and by the coast of Jordan. 30 And Caleb stilled the people before Moses, and said, Let us go up at once, and possess it; for we are well able to overcome it. 31 But the men that went up with him said, We be not able to go up against the people; for they are stronger than we. 32 And they brought up an evil report of the land which they had searched unto the children of Israel, saying, The land, through which we have gone to search it, is a land that eateth up the inhabitants thereof; and all the people that we saw in it are men of a great stature. 33 And there we saw the giants, the sons of Anak, which come of the giants: and we were in our own sight as grasshoppers, and so we were in their sight.**

### **Numbers 14:1-4**

**1 And all the congregation lifted up their voice, and cried; and the people wept that night.**

**2 And all the children of Israel murmured against Moses and against Aaron: and the whole congregation said unto them, Would God that we had died in the land of Egypt! or would God we had died in this wilderness! 3 And wherefore hath the Lord brought us unto this land, to fall by the sword, that our wives and our children should be a prey? were it not better for us to return into Egypt? 4 And they said one to another, Let us make a captain, and let us return into Egypt.**

We are instructed to set (focus) our minds on God in prayer, thanksgiving and meditating considering and thinking deeply on God's word. Not allowing our minds to be overtaken and focused on our worries. Instead, think about things that are just, pure, lovely...etc.

All of these aspects are explained and laid out in the scripture, only in reading and contemplating the scripture will one find these truths and experience a peace which passes all understanding.

### **Philippians 4:6-9 KJV**

**6 Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. 7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. 8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. 9 Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.**

**Also see MSG Translation Philippians 4:6-9**

**6-7 Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life.**

**8-9 Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse. Put into practice what you learned from me, what you heard and saw and realized.**

Yahweh will keep us peaceful if we stay focused on Him and don't allow the different circumstances of our lives to overwhelm and overtake us.

**Isaiah 26:3 KJV**

**3 Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.**

**Also see GWT Translation Isaiah 26:3**

**3 With perfect peace you will protect those whose minds cannot be changed, because they trust you.**

It is our responsibility to monitor our thoughts and make sure **we stay focused on Yahweh!**